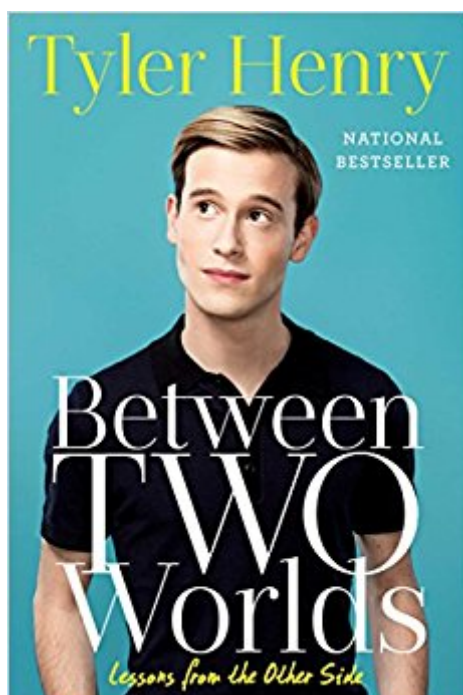


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Between Two Worlds: Lessons From The Other Side



Synopsis

From Tyler Henry, a twenty-year-old clairvoyant and star of E!'s hit reality series *Hollywood Medium with Tyler Henry*, comes *Between Two Worlds*, a memoir about his journey as a medium thus far. "Dying doesn't mean having to say goodbye." Tyler Henry discovered his gift for communicating with the departed when he was just ten years old. After experiencing a sudden, accurate premonition of his grandmother's death—what Tyler would later describe as his first experience of "knowingness"—life would never be the same. Now in his twenties, Tyler is a renowned, practicing medium, star of the smash hit E! reality show, *Hollywood Medium with Tyler Henry*, and go-to clairvoyant of celebrities, VIPs, and those simply looking for closure and healing. He has worked with some of Hollywood's biggest names including Khloe Kardashian, Amber Rose, Margaret Cho, Jaime Pressly, and Monica Potter. Despite struggling to accept his rare talent, Tyler grew to embrace it, and finally found the courage to share it with—and ultimately change—the world. For the first time, Tyler pulls back the curtain on living life as a medium in his first memoir, in which he fearlessly opens up about discovering his gift as an adolescent, what it's truly like to communicate with those who have passed, the power of symbolism in his readings, and the lessons we can learn from our departed loved ones. With unparalleled honesty, Tyler discusses how his complex and fascinating gift has changed his perception of the afterlife, and more importantly, how readings can impact our relationships with our closest friends and family once they're gone.

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Customer Reviews

Tyler Henry is a practicing medium, and the star of E!'[Medium](#)'s newest breakout reality show, [Hollywood Medium with Tyler Henry](#). A native of central California, he now resides in Los Angeles.

[Between Two Worlds 2](#)> More than ever, people are coming forward and sharing their experiences with after-death communication. Through television and film, the question of whether life exists beyond death has captivated our popular culture—not because it's a new question, but because people are opening their minds to new answers. When I first got the call that my television show, [Hollywood Medium with Tyler Henry](#), had been green-lighted, I promised to make it my purpose to explore whatever answers came my way and to share them honestly with the world. That's the mission I'm still on, and my own questions multiply by the day. With all the different opinions about mediumship and psychic phenomena in circulation, I aim to provide unique, easy-to-understand explanations, obtained through my firsthand experiences. I'm a firm believer that people should be able to decide for themselves what resonates with them. I'll share what I've learned through communicating with the other side, and I encourage you to take from it what resonates with you. When it comes to the hereafter, things aren't black or white. Taking into account the gray areas in between, I'll explain some of the more consistent dynamics I've observed over the course of more than a thousand readings. There are many exceptions to the rules, but that's the beauty of the other side. It's far more complex and nuanced than anything we as humans can comprehend. There are some big questions to which I may never have the answers. However, every small answer helps contribute to our understanding of a much larger question: what happens when we die? I speak to dead people. More interestingly, the dead speak back to me—primarily through sending mental impressions and sensations from the other side. All of what I do revolves around validation—that is, getting the confirmation from the sitter that the information I'm receiving is accurate and could only be known by the communicating spirit. Upon validation, my client gets the knowledge that their loved one's soul continues on, is at peace, and is able to communicate anything that had been left unsaid or that was realized during the transitioning process. If there's anything I've learned through my work, it's that in life, diversity is a gift. I know many different kinds of people will be drawn to this book, from all different backgrounds, belief systems, and degrees of familiarity with

the subject matter. In the following pages, I'll share with you my spiritual beliefs. However, I think it's more important for you to understand the process of exactly what happens when a spirit comes through. For that reason, I'll focus on the details of the experiences, so you can draw your own conclusions about how it all fits into the big picture of your beliefs. Individual differences aside, I think we can agree that we all benefit from the healing of others and the idea that love is eternal. The goal of my work, and the work of many other authentic mediums, is to reinforce these universal truths. I understand that my ability is a gift and not something for which I can take any credit. I'm just a conduit for information to come through and reach those who are open to hearing it—something we all have a natural ability to do, to varying degrees. Practice breeds consistency, and the more we develop and trust in our gut feelings, the more significantly and accurately our intuition can help us. Even after doing countless readings, I still have to remind myself daily to “get out of my own way” and allow myself to be a clear vessel through which messages can flow. When I first started learning about my abilities, I spent endless hours at bookstores and libraries, reading multiple books a day, and searching the Internet for resources and information about what made me so different. Being the only one experiencing an entirely other world was alienating in the truest sense. I felt like I had one foot in this world and one in the next. I didn't understand, nor did I feel understood by, either side. As a kid, learning the ropes to our earthly dimension was challenging enough, let alone throwing another one into the mix. I was somewhere in between, a messenger in the middle of two realms: a medium. Throughout my life, I've come to understand the world in two ways. In one sense, I'm like any other twenty-year-old adjusting to adulthood, learning to live on my own (and use a dishwasher for the first time, admittedly). Yet in a very different sense, the part of me that most people see is Tyler Henry the medium—the Macaulay Culkin look-alike who gets in touch with celebrities' dead loved ones on television. Though most people can't relate to what it's like to get visual, sensorial, and mental impressions from people who've passed away, everyone is capable of understanding the impact those messages have on the loved ones who need it most. Whether it's a reference to pink fuzzy dice from your aunt Edna, or an inside joke shared with a beloved grandmother, these are the messages I strive to deliver—no matter how random they may seem to me, personally. When my clients come for a reading, I view my connecting process as a bit of a puzzle to solve. I receive impressions from one or more spirits, and together, the querent and I establish how the message is relevant and where it connects. Readings are 50 percent receiving the information and 50 percent untangling it. Throughout the past few years of doing sessions, I've seen countless forms of healing

result from validating messages. Whether it's closure from a loved one, much-needed proof of a hunch, or a release of guilt, I've been able to see what makes the most life-changing differences in each after-death communication. With each contact I make, I aim to bring a loved one through so clearly that it's undoubtable to my client that I'm connecting. This validation comes from describing personality traits, quirks, family traditions, inside references, and sometimes even physical mannerisms. It's the small, but specific, details that communicate the essence of who someone is in life, and the same can be true for those on the other side. Every day brings new experiences and new stories shared by souls that are able to understand what truly mattered in their lives. Their messages teach us what we should value in our own. Above all, I've learned that transitioning to the other side gives perspective. Ironically enough, it's the dead who have the most to teach us about life. In this book, I hope to provide the reader with a narrative unlike any other one that's honest, down-to-earth, and uses terms everyone can understand. Besides answering some frequently asked questions, I want to delve into all areas of my human experience as well as those of the individuals, living and dead, whose paths I've crossed.

Tyler Henry is the millennial pop icon of evidential mediumship in the US. As such, his long awaited book was something I was looking forward to for awhile now. As an avid reader on the topic of mediumship, I was desperately curious how such a young man (19 at the onset of his show) developed his mediumship to such an amazing level of skill. The book does not disappoint. It delves into his formative years describing how he came to be the Hollywood Medium. I think the fact that he is so young, he has the advantage of being able to recall with quite detail the trials and tribulations of his early development. I enjoy how candid he is (No, he didn't just wake up with this level of skill). It took a lot of practice, bravery and dedication. It definitely gives more insight into his reading style and how he is able to communicate what he does. The book also addresses some basic topics such as reincarnation, soul mates, soul contracts etc. I feel given the audience he is likely to reach, the book addresses what is needed without going into too much overwhelming detail. It also has a nice Q&A section that answers some frequently asked questions. I feel that through this book and his work in the media, Tyler Henry is doing a fantastic job of setting an example of what integral evidential mediumship should look like. If you are interested in how Tyler Henry came to be the Hollywood Medium, this book will not disappoint.

I got the book yesterday, and cannot put it down. This is the first product review I ever felt compelled

to write. I read for awhile, then think for awhile, read for awhile, think for awhile. Only thing is, now I have so many more questions...

*My 56th book I've read pertaining to death & afterlife. Tyler seems like a cool guy. I want to rate this book at 5-stars, but then what would I give a book that tells us the meaning of life etc.? Here are some highlights from my notes (Beware - possible 'spoiler alert' here) - p.11 sometimes spirits get 'closure' for themselves. p.18-19 Tyler gives his Mom a message that gives her comfort. p.26-27 traumatic loss of his best friend. p.32 He wanted to be a nurse. (Hospice) p.37 Meditation = to Unthink. p.46 Forces behind his ability are a mystery to him. p.48 He likes to hold objects related to the deceased. p.51-53 His Dad says No - then Yes. p.69-70 Age 18 he almost died from a brain cyst. p.73 Spirits don't hang around graveyards. (most likely to find them in hospitals where they died) p.90 lives in California. p.105 TV shows he's been on. p.110 Readings Aren't a Cure for grief. p.114-115 He uses his 5-senses. p.125 We're Not responsible for where we come from. - We are responsible for where we go. p.128 Just because spirits come through with quirks - doesn't mean they still have them. p.132 If everyone reincarnates - how can they communicate with us now?? p.136 He usually know more about a person - than he knows about himself. p.140 When we die - we lose fear. p.148 "We judge others by their actions - and ourselves by our intentions" :) p.155 Tyler does not like to do readings for the 1st 6 mos of a passing. For clients grief process. : (p.158-159 He can pick up on - read spirits of dogs etc. p.161-162 Tyler says dogs reincarnate - but then his story falls apart. p.164 He's never had anyone come through claiming there is a hell. p.166 He does not believe in demonic possession. (I disagree - after things I've seen in life) p.170 After we cross over - we discover how much we hindered ourselves. (I've prayed for God's help w/this and still hinder myself) p.172 Live everyday - as if it were our last - and our 1st. p.176 people on otherside - can block others from coming through. p.177-178 Just because someone died - does Not make them 'all-knowing'. p.180 He does not recognize spirits by their photos. p.183-184 The symbols he sees and what they mean. p.186 We all have spirit guides. p.191 His Mom had a fraternal twin that died at birth. p.191-192 He sweats during readings. p.197 Repeating Sick Toxic relationships - until we Learn from them (I think Not many people truly Learn) : (p.200 No spirits on the otherside with mental illness or cancer (etc.) :) p.205 He does Not have souls from 100rds of years ago - come through. p.206-206 Places often hold onto energy. 209. Happy people - are giving people. I like this book very much. As always - I still burn with Many Unanswered questions that bother me. On my rating scale of 1 to 10 - I give this book a 7 Thanks - Scott M.

I am fascinated by Tyler Henry, so his book was a must-read for me. Very easy to read, and a very quick read. He explains a lot about growing up and harnessing his abilities, answers a lot of questions people often ask him, and even tells about some of his most memorable experiences/readings. Loved it!

Good book ..

Gift

Tyler, I appreciate your sharing of this info. Watching you has really opened my eyes and heart Moore for things that truly matter.

Love reading about his amazing gift. Would be a dream come true to get a reading from Tyler... if only..

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